ARUWYE NEWSLETTER

October, 2026

MSME Basic Computer Course Inaugration





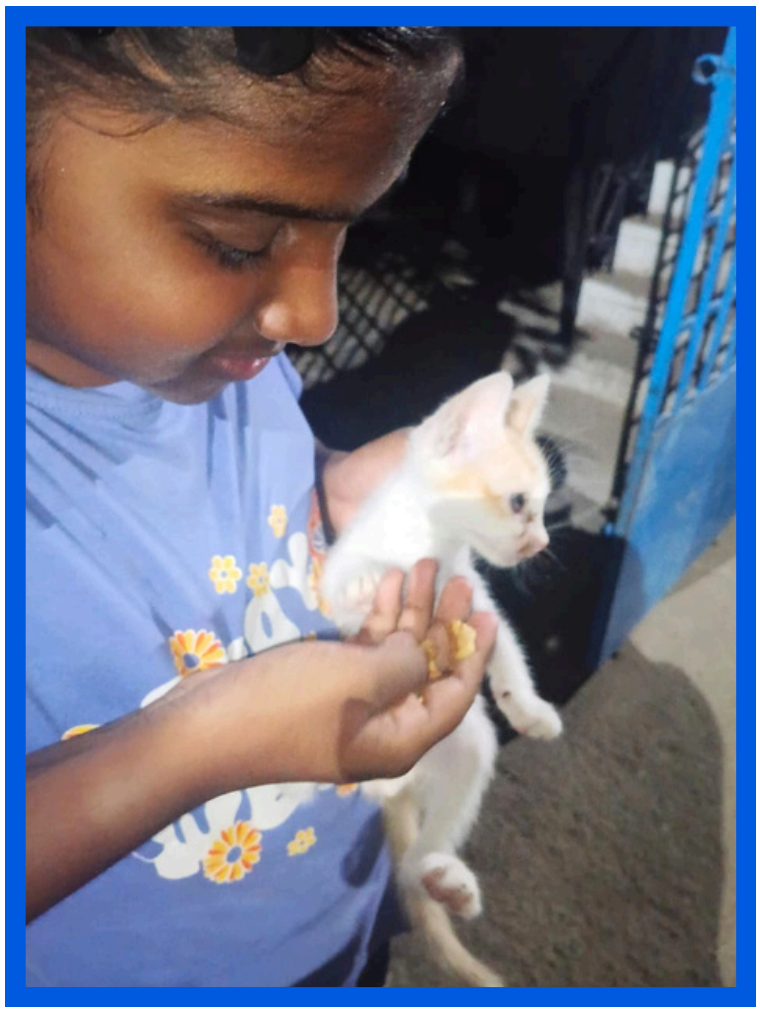
On 5 October 2026, ARUWYE inaugurated the MSME Basic Computer Course at the ARUWYE Centre to enhance students' digital literacy and practical computer skills. The programme commenced with a prayer led by Ms. Pradeepa, Children Coordinator, followed by the welcome address by Sr. Isabella, Director of ARUWYE. The Chief Guest, Mr. Leela Krishnan, Assistant Director, MSME, highlighted the importance of computer education in academic development, employability, and career advancement. A total of 30 students participated in the inauguration, marking the beginning of their journey towards acquiring essential digital skills and improving their future employment opportunities.

Daan Utsav – Joy of Giving Week

As part of Daan Utsav – Joy of Giving Week, 1,192 children from ARUWYE's 46 Evening Study Centres participated in various acts of kindness and community service. The activities targeted and benefited nearly 5,000 people, spreading the message of compassion, generosity and social responsibility.

The children engaged in food distribution, knowledge sharing, tree plantation, feeding stray animals and birds, grocery support for needy families and honouring sanitation workers. They also participated in child safety and cancer awareness programmes, plastic-free awareness campaigns, beach clean-up activities and community cleaning drives. These initiatives encouraged children to become responsible citizens by caring for people in need, respecting community workers, protecting animals and contributing to environmental conservation and community well-being.









NASD Certificate Distribution Ceremony



The NASD (National Association of Skill Development) Certificate Distribution Ceremony was held on 7 October 2026 to recognise the successful completion of the training programme by five tailoring students. The students completed training in tailoring, communicative English and life skills, gaining practical knowledge and essential skills to enhance their confidence, employability and self-reliance. As part of the certification process, both theory and practical examinations were conducted to assess the students' knowledge, technical skills, and learning outcomes. All five students achieved outstanding results and received their certificates from Sr. Mary Josephine Isabella, Director of ARUWYE.

The successful completion of the programme marks an important milestone in the students' journey towards economic independence and sustainable livelihoods. This initiative reflects ARUWYE's commitment to empowering women through skill development and creating opportunities for a better future.

Caregiver's Well-being and Resilience Programme

On 10th October 2026, the YaR Sector organised a provincial-level programme on Psychological Well-being and Resilience at Mazzarello Home, Tirupattur, for sisters and teachers caring for children in boarding facilities, shelter homes and tuition centres. The programme was attended by 41 participants, including ARUWYE representatives, and facilitated by Fr. Renigo Roy, SDB, Assistant Professor, Don Bosco College, Tirupattur.
The sessions focused on stress management, emotional well-being, burnout prevention, and understanding children's emotional and behavioural needs through reflection and sharing. The programme concluded with an action plan promoting self-care, resilience and healthy caregiving practices, encouraging participants to continue their mission with renewed patience, compassion and commitment.



Strengthening Cybersecurity Awareness and Digital Safety

A Cybersecurity Awareness Session was organised by Quest Alliance in collaboration with Deloitte on 15 October 2026 at the ARUWYE Centre. Deloitte volunteers and Ms. Sunita, Programme Associate from Quest Alliance, visited the centre and facilitated the session to strengthen learners' understanding of cybersecurity, online threats, and responsible digital practices. The session provided practical insights into creating strong and secure passwords, reviewing app permissions before installation, protecting personal information, and understanding the significance of the Digital Personal Data Protection (DPDP) Act. Learners were also sensitised to cyber fraud, phishing links, online scams, and preventive measures for safe internet usage. Overall, the session enhanced learners' digital awareness and encouraged them to adopt responsible and secure online practices, safeguard their personal information, and protect their digital identities.



Certification Day and Induction Programme



On 17 October 2026, ARUWYE organised the Batch 2 Certification Day and the Batch 3 and Batch 4 Induction Programme, with Dr. Selvi R. Nithya, Community Officer, Division V, TNUHDB, as the Chief Guest, along with Sr. Isabella, Director of ARUWYE. The event celebrated the successful completion of the Career Readiness Programme by Batch 2 learners and recognised outstanding participants across various award categories. Mrs. Jyothi Priya presented the batch report, highlighting the learners' progress, achievements and programme outcomes. Learners shared their feedback and learning experiences with the Chief Guest, reflecting on their personal growth and the skills acquired during the programme. The induction programme introduced the new batches to the programme structure, objectives and expectations. The event celebrated the achievements of graduating learners, welcomed new participants, and reaffirmed ARUWYE's commitment to strengthening employability skills, building confidence, and preparing young people for future career opportunities.

ASRHiE Workshop – Strengthening Adolescent Health and Protection During Emergencies

On 16 October 2026, ARUWYE participated in the ASRHiE (Adolescent Sexual and Reproductive Health in Emergencies) Workshop organised by the Family Planning Association of India (FPAI), Chennai Branch, at YWCA, Chennai. The workshop focused on addressing adolescents' sexual and reproductive health needs during humanitarian emergencies, highlighting the importance of adolescent-friendly healthcare services, safeguarding, inclusion, access to accurate information and emotional support. It also emphasised strengthening coordination among organisations and service providers to ensure timely access to essential healthcare, protection, and referral services. The knowledge gained will support ARUWYE in enhancing its health awareness, safeguarding, and referral initiatives for children, adolescents, women and vulnerable communities.



Youth Empowerment & Capacity Building Training

The Tamil Nadu Urban Habitat Development Board (TNUHDB), Division V, organised a Youth Clubs Capacity Building Training on 31 October 2026 under the theme "Youth Empowerment Through Youth Clubs." The programme focused on strengthening young people's entrepreneurial, employability, leadership and social responsibility skills. Dr. Selvi Nithya S., Community Officer, TNUHDB, delivered the welcome address. The sessions were facilitated by Dr. N.A. Arivukkarasi on entrepreneurial and employability skills, Dr. J.M. Arul Kamaraj on social inclusion, child protection and women empowerment, and Dr. J. Arul Suresh on civic responsibility, leadership and life skills. Tmt. Jyothi Priya, Manager, ARUWYE, presented the ARUWYE Job Readiness Programme, highlighting its contribution to youth empowerment and employability.Mrs. Mary Kamala, Women Coordinator, also actively participated . The programme also included a certificate distribution ceremony to recognise and appreciate the participants. It concluded with feedback, certification distribution and vote of thanks.



International Day of Non-Violence and Mental Health Awareness

On 17 October 2026, ARUWYE's Women and Children Sectors organised an awareness programme on the International Day of Non-Violence and Mental Health Awareness for Evening Study Centre teachers from Chennai District at the Animation Room, ARUWYE Centre. 30 participants attended the programme, which aimed to strengthen their understanding of non-violence, emotional well-being, and the importance of creating safe and supportive environments for women and children. Mr. Kamesh and Ms. Selvi, Government Community Organiser, facilitated the session on non-violence, highlighting mutual respect, peaceful communication, gender sensitivity, and constructive conflict resolution to prevent violence and promote harmonious relationships. Ms. Nivesha C. led the mental health awareness session, focusing on emotional well-being, stress management, recognising emotional challenges, building supportive relationships, and seeking professional help when necessary. The sessions encouraged participants to identify different forms of violence, respond to emotional distress with empathy, and promote mental health awareness within their communities. The programme strengthened participants' knowledge and encouraged them to apply these learnings in their personal lives and professional roles, contributing to a culture of peace, respect, emotional resilience, and safety for women and children.

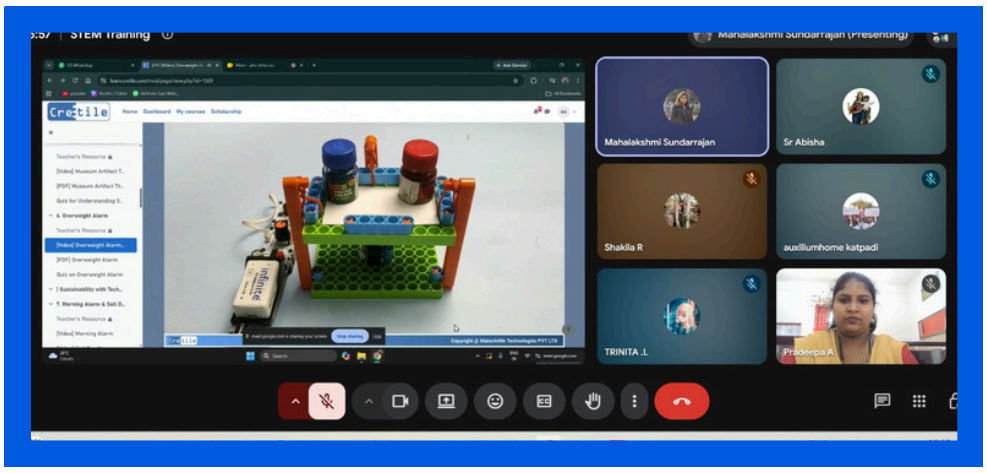






STEM Training and Practical Learning

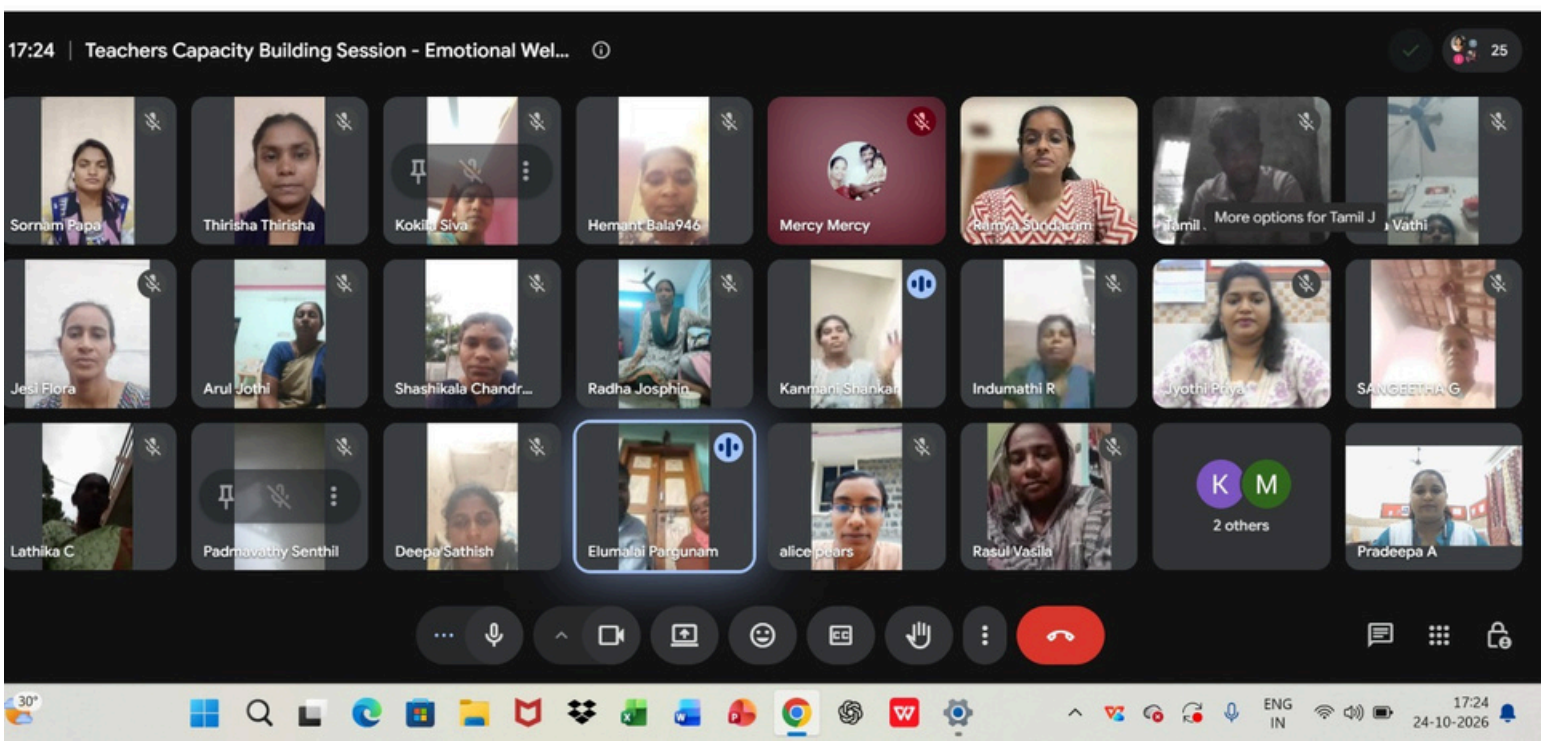
Every Thursday, ARUWYE conducts STEM training sessions for students and teachers from Katpadi Auxilium School, Little Flower Convent School, Vellore, Polur School and Chetpet Chennai School. During this month, participants enthusiastically engaged in developing two practical projects: Overweight Alarm in Lift and Water Level Alarm. These hands-on activities enhanced their understanding of scientific concepts and demonstrated the practical application of science and technology in everyday life.





Teachers' Mental Well-being Session

On 24 October 2026, ARUWYE organised a Teachers' Capacity Building Session on Mental Well-being, facilitated by Mrs. Ramya, Founder of Celebrating Wellbeing and Psychologist. The session covered self-realisation, understanding others, the importance of appreciation and anger management. Teachers actively participated and learned practical techniques to manage their emotions and strengthen their mental well-being. The session highlighted the importance of emotional balance and mental health in both personal and professional life, providing an enriching learning experience for all participants.



INM Provincial Chapter Meeting 2026

The INM Provincial Chapter Meeting was held from 18 to 24 October 2026 at the Provincial House, Kodambakkam, under the presidency of Rev. Sr. D. J. Margaret, FMA, Mother Provincial. The meeting brought together Sisters, lay collaborators and young people to reflect on and contribute to the vision and mission of the Province. On 20 October, the Women's Success Stories book was released by the Mother Provincial, with the participation of Sr. Mary Josephine Isabella, Director of ARUWYE, and Mrs. Mary Kamala, Women Coordinator. On 22 October, Mrs. Jyothi Priya, Mrs. Mary Kamala and women's group representatives Ms. Rabiya, Ms. Kannikai Mary and Ms. Abhiya participated in discussions, sharing their experiences and suggestions. On 23 October, the Youth Sector was represented by Mrs. Jasmeen and Mr. Akash, who contributed their perspectives. ARUWYE's participation reflected its commitment to inclusive collaboration, women's empowerment and youth engagement.











Digital Marketing & Entrepreneurship Training

ARUWYE organised skill development sessions for MSME students, focusing on Digital Marketing and Entrepreneurship. Ms. Priyanka from Lovik Digital Forum facilitated the Digital Marketing session, providing insights into online promotion and digital business strategies. Mr. T. Bhaskaran, NCFE Financial Education Trainer, conducted the Entrepreneurship session, sharing valuable knowledge on entrepreneurial skills, financial awareness and business development. The sessions enhanced students' practical knowledge and encouraged them to explore self-employment and entrepreneurial opportunities.

SCAN & PAY

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Stay tuned for more updates as ARUWYE continues its mission of empowering children, youth, and women in marginalized communities!

Donations to ARUWYE will be eligible for tax exemption under 80G

Just ₹500 a month can change a child's future.

Aruwye NGO

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Thank you, Readers !!!!