ARUWYE NEWSLETTER

SEPTEMBER 2026



Resume Building Session

On 9 September 2026, ARUWYE organized an engaging Resume Building Session for its learners, facilitated by Mrs. Shanavas Begum, HR Manager – Chimertech Private Limited. The session provided practical guidance on preparing an effective and professional resume, including resume structure, essential information and tips for freshers, candidates with career gaps and experienced professionals.

The learners were also guided on professional phone etiquette, communicating confidently with HR during telephonic interviews, interview preparation, professional behaviour, and workplace responsibilities. A practical Mock Interview was conducted as a live demonstration, helping learners understand the interview process and build confidence in presenting themselves effectively.

Teacher's Day Celebration

ARUWYE celebrated Teacher's Day with joy and gratitude across its Study Centres. Children expressed their appreciation through handmade bouquets, gifts, speeches, dances, and heartfelt messages, creating a warm and memorable celebration.

At the Kodambakkam Development Office, Teacher's Day was combined with training sessions on Classroom Management, Mathematics Content, Child Safeguarding and Children's Parliament. Teachers also participated in fun activities and received gifts as tokens of appreciation. Sr. Mary Josephine Isabella, Director, appreciated their dedication and encouraged them to continue supporting children with care, compassion, and commitment.







Suicide Prevention Awareness Visit to SNEHA





On 10 September 2026, ARUWYE organised an educational visit to SNEHA Organisation to commemorate World Suicide Prevention Day. The visit provided our Women and Youth Group with valuable insights into suicide prevention and emotional well-being. The session focused on recognising warning signs and changes in a person's behaviour and state of mind, understanding the emotional challenges experienced during a crisis and identifying ways to support individuals experiencing suicidal thoughts. Participants learned the importance of responding with empathy, compassion and understanding, while also gaining practical guidance on stress management, coping with difficult emotions, self-care, active listening and timely intervention. The role of SNEHA in suicide prevention and support services was also highlighted. Every conversation, act of listening and moment of support can create hope. Together, we can build a caring community where everyone feels heard, supported and valued, contributing to suicide prevention and emotional well-being.

Girl Child Day

ARUWYE observed National Girl Child Day across its Evening Study Centres through awareness sessions and rallies focusing on the rights, education, safety, equality and empowerment of girls. The sessions encouraged children to understand the importance of providing equal opportunities and creating a safe and supportive environment for every girl. Children actively participated in discussions on education, health, safety, dignity and the prevention of discrimination. They shared their views and reflected on the importance of educating and empowering girls for the well being of families and communities. As part of the observance, several centres organised rallies where children and teachers carried placards promoting girl child education, equality, safety and empowerment. The rallies helped extend the message to the wider community and encouraged greater awareness and support for the rights of girls. The programme strengthened children's understanding of gender equality and encouraged them to promote a culture of respect, dignity, safety and equal opportunities for every girl.





Certification Ceremony for AHT Students



A Tailoring Training Programme was completed for 20 women at East Namacheevayapuram. The training equipped the participants with practical skills in Chudi and blouse drafting, cutting and stitching. On 3 September 2026, a certificate distribution programme was organised to recognise their successful completion of the training. Sr. Pauline, AHT Project Manager; Sr. Lucia, AHT Project Coordinator and Sr. Isabella, Director, ARUWYE rticipated in the programme and distributed the certificates. The participants also displayed their completed tailoring work through an exhibition and shared their experiences and learning. The programme contributed to strengthening their technical skills and confidence while enhancing their potential for self employment and sustainable livelihood opportunities.

Industrial Visit to Wheels India

On 28 August 2026, ARUWYE organised an industrial visit to Wheels India Limited, TVS Industries, for 20 Quest learners. The Quest learners visited the manufacturing unit and gained insights into the production process and safety practices under the guidance of Mr. Sugundhan, Trainer. Mr Chandrasekhar, Vice President, spoke with the learners and shared insights on career opportunities, professional growth, and the manufacturing sector. The visit helped learners connect their classroom learning with real world industrial practices and explore potential career pathways.



Small Opportunities are often the begining of great Achievements

International Day of Peace



ARUWYE conducted an awareness session on the occasion of the International Day of Peace across 46 Evening Study Centres. The sessions were conducted by the respective teachers at each centre to help children understand the importance of peace, kindness, respect, and harmony. Children were encouraged to resolve conflicts through peaceful dialogue, respect differences, and treat everyone with dignity and compassion. They actively shared their ideas on promoting peace at home, in school, and in their communities. The sessions encouraged children to become young messengers of peace by practising peaceful values in their daily lives.Through discussions and activities, the children developed a better understanding of their role in creating a peaceful and inclusive environment. The programme also encouraged them to spread messages of unity, friendship and mutual understanding among their peers.

Monitoring Visits

As part of the monitoring visit, Sr. Isabella, Director, and Mrs. Pradeepa, Programme Associate, Children Sector, visited the Kondakuppam 1 and 2 Study Centres, Pallikonda Little Flower School Evening Study Centre, and Jawathi Hill Study Centre. The visit provided an opportunity to interact with the children and teachers, review the activities conducted at the centres, and follow up on programme implementation and teacher coordination. A visit was also made to Auxilium School, Katpadi, where discussions were held with Sr. Aloysius and the STEM teachers on the progress, challenges, and future plans of the STEM programme. A Parents–Teachers Meeting was conducted to discuss the children's education, attendance, participation, and overall progress. In addition, Sr. Isabella conducted a Health and Hygiene Awareness Session for adolescent girls, focusing on personal hygiene and menstrual health. Whisper sanitary products were distributed to the participants as part of the session.









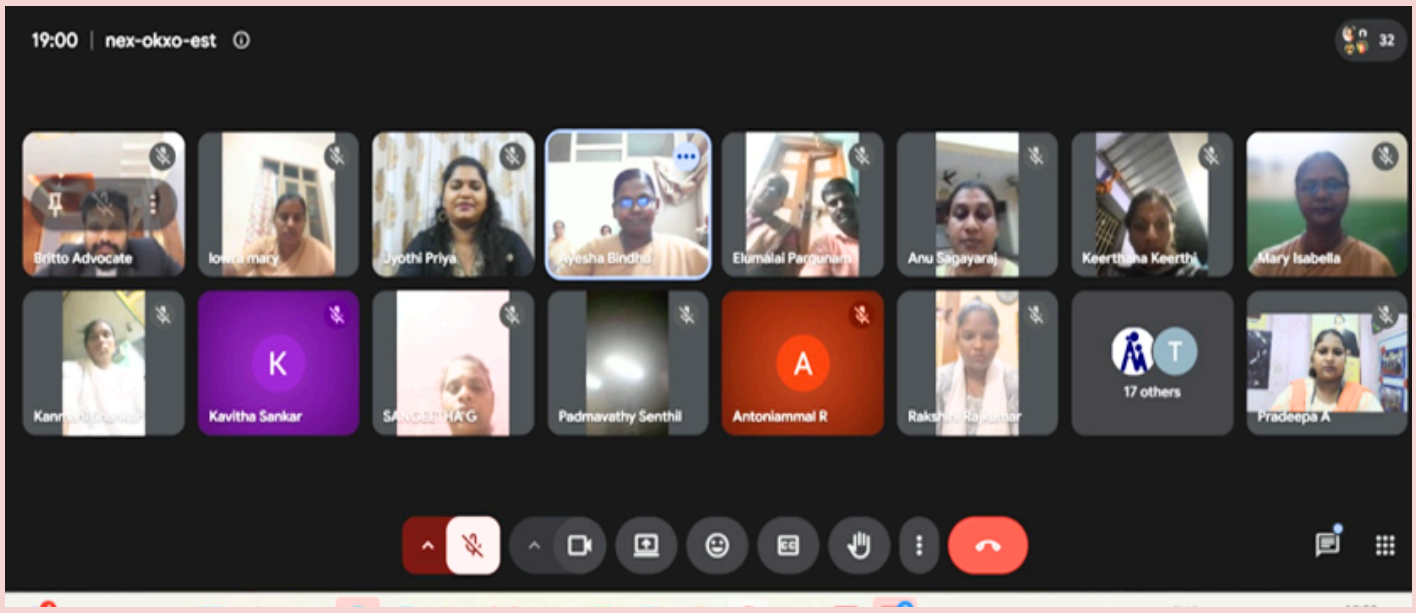
Women's Entrepreneurship and Livelihood Support

ARUWYE organised a Women's Entrepreneurship and Livelihood Support programme for the Vidivelli Women's Self-Help Group at Trustpuram on 09.09.2026. Ten women members received financial support through the SHG–bank linkage process with the support of Mr. Surya, ICICI Bank Manager. Mrs. Mary Kamala, Women Coordinator, guided the members on using the support for livelihood and income-generating activities, promoting entrepreneurship and economic self-reliance.



Capacity Building Programme on Domestic Violence and Legal Awareness

A Capacity Building Programme on Preventing Domestic Violence and Legal Awareness was conducted online on 11.09.2026 for women leaders and Evening Study Centre teachers. Mr. Britto, Advocate, served as the resource person and explained women's rights, legal protections and available support mechanisms. He highlighted five important orders related to domestic violence: Protection Order, Residence Order, Monetary Order, Custody Order and Compensation Order. The participants actively engaged in the session, clarified their doubts and gained knowledge on legal assistance, reporting procedures and referral services. The programme strengthened their capacity to identify and respond to domestic violence and support women in need.



Every home deserves to be a place of safety, dignity, and respect,
not a place of fear or violence

Building Stronger Networks to Combat Human Trafficking



As part of the Anti-Human Trafficking (AHT) Programme, an Orientation and Networking Meeting was conducted on 19.09.2026 to strengthen context mapping, referral mechanisms, and community-based networking. The meeting brought together representatives from R2 Police Station, PCVC, One Stop Centre, FPA, REAL Trust/CWC, Mohan Foundation, women's groups, schools, colleges, and the hospital sector. The session enhanced awareness on the prevention of human trafficking, early identification of vulnerable persons, protection, referral services, and rehabilitation support. The active participation of diverse stakeholders strengthened inter-agency coordination and encouraged continued networking and collaboration to ensure timely intervention, protection, and support for vulnerable individuals and communities.

NSS Camp Programme – Building Leadership and Social Responsibility



ARUWYE supported a six-day NSS Camp for the students of Fatima Matriculation School. Mrs. Kamala Mary, Women Coordinator, ARUWYE, along with the teachers of Fatima School, was actively involved in the planning, implementation, and evaluation of the camp. The programme provided students with opportunities to develop leadership, teamwork, social responsibility, and community engagement skills through various activities and sessions.

SCAN & PAY

UPI ID: ARUWYE54994@iob

Stay tuned for more updates as ARUWYE continues its mission of empowering children, youth, and women in marginalized communities!

Donations to ARUWYE will be eligible for tax exemption under 80G

Just ₹500 a month can change a child's future.

Aruwye NGO

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www.linkedin.com/in/aruwye-ngo-279a1b317

Thank you, Readers !!!!