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A FEW PEOPLE OF INTERGRITY CAN GO A LONG WAY

-Bill Kauth



*Sr. Nirmala Lazar.*

Sr. Nirmala Lazar FMA

Provincial

Chennai - INM

It gives me a great pleasure to announce that at the beginning of the New Year 2023 ARUWYE has crossed its Milestone celebrating its silver bells and recapturing the first footsteps of the pioneers to bring these memorable days special and remarkable. ARUWYE has shown relentless efforts in supporting the poor and disadvantaged groups both in past and present, through its several capacity building programs. Especially, the vulnerable women youth and children in various district of TamilNadu.

I would appreciate all the staff for their team work and efficiency.

This year 2023 is a year filled with grace and countless blessing to the organization. Each moments and opportunities brought about a change in the community and gave a push to all the marginalized to look up to the success in all their endeavours.

I would like to thank all the organizations, stakeholders and well wishers for their

valuable support and cooperation extended to ARUWYE for carrying out its activities smoothly.

I also express my sincere thanks to each and every staff of ARUWYE for their valuable support and suggestions, and for their diligence and hard work to attain the mission and goals of ARUWYE. May ARUWYE continue to see the golden lines in the future days to come



INM-Chennai

## The Director Desk

**“All our dreams can come true;  
if we have the courage to pursue them.” – Walt Disney**

I am very pleased to bring out the notable achievements of the organization in the past years and the present. We are proud today, as we are progressing satisfactorily in the field of social work. Many new opportunities are opening up for us and we are facing a very exciting future. I am extremely happy and proud ARUWYE stepping into silver years, crossing the milestone at the start of New Year 2023. As per recent trends, ARUWYE is working towards creating an integrated, sustainable and economically secure society by focusing on Child rights, Child development and protection, Women empowerment, Enhancement of alternate livelihood options, and Environment conservation.

All these are possible only with a dedicated team, community members, volunteers, personnel and support from generous donors like Caritas Singapore, Misesan cara –Ireland. On behalf of the organization, I extend my sincere thanks to my dear provincial Rev Sr Nirmala Lazar for her continuous support and encouragement. I also extend my gratitude to all my provincial councillors for their accompaniment. The year 2023 is a year of grace and opportune moment to take up many challenges and was successful completing designed tasks.

I once again extend my sincere gratitude to all the ARUWYE team travelled for the past six years with great commitment and enthusiasm. May god bless all their efforts.



*Sr. Shermila*

Sr. Kanikairaj Shermila FMA  
Social Development Coordinator, ARUWYE

## About ARUWYE

**Auxilum Centre for Rural Under-Privileged Women and Youth Empowerment** Social Development Centre is a non-governmental, non-profit voluntary organization, which is engaged in social activities registered under Societies Registration Act with a main objective to improve the quality of life of the underprivileged and marginalized people.

We are determined to replace their despair with hope, their fear with security, and their ignorance with knowledge. ARUWYE is working among the underprivileged women, youth and children in five districts of Tamil Nadu. The change created has to be structural, both at larger policy and community levels at the same time should resonate from personal opinions, belief systems and choices made by the concerned people in their lives.

ARUWYE is engaged in promoting and providing quality education among the socially and economically deprived sections of the society. In addition, this activity helps us to bring out children's latent talents, promote vocational proficiency, personal character and social values so that they become self-reliant and responsible citizens. We aim to strengthen responsible people's engagement with policy-making at local and regional level.

### Vision

ARUWYE envisages a just, harmonious and eco-friendly society where the internal and sustainable development of those marginalized is ensured.

### Mission

ARUWYE is committed to enhance the capability of marginalized children, women and youth by raising awareness on their rights and promoting livelihood by pro-actively engaging with state institutions that impact them significantly and networking with like-minded organizations involved in lobbying and advocacy.

*We thank the magnanimous work of*



**Rev. Sr. Maria Nirmala Lazar**

(2017-2023)

her support to ARUWYE motivated the Social Development Coordinator as well as Staffs to initiate new activities and the rhythm of hope across Chennai Province. We whole heartedly thank you.

*God's blessing in abundance  
the wisdom and grace of the holy spirit  
and Mary's motherly presence be with  
our Dear*



**Rev. Sr. D. J. Margaret**

as she takes up the new task as provincial of our province of Chennai. We assure her of our love, loyalty, sisterly support and prayers for new mission.

# Silver Jubilee Celebration



The Programme started by welcoming chief guest with traditional folk dance and also welcomed with Santhanam, Kum Kum, brooch. The Lightening of Kuthuvizhakku by Mrs. Innocent Divya –Chief Guest, Rev. Sr. Nirmala Lazer- Mother Provincial, Rev. Sr. Celine Gasper- Vice Provincial, Sr. Tamilarasi - Sectary, Sr. Lucy –Economer , Sr. Shermila, Sr. Dora, Sr. Pichai Mary, Sr. Joesphine, Mr. Praveen Bhaskar & Ms. Divya Sree - represented as ARUWYE Staff, Mr. Prakash and Ms. Binda- Youth, One women from self help group.

The classical dance was performed by Mrs. Maria students. Welcomed the chief guest-Mrs. Innocent Divya on to the stage and Rev. Sr. Nirmala Lazer and Rev. Sr. Celine Gasper felicitated her with ponadai, garland, with some gifts. Mrs. Innocent Divya appreciated the dance girls for the performance and gave some gifts. Then, she spoke about the developmental ways and ideas to women in all aspects. The key note address was given by Rev. Sr. Nirmala Lazer. The video was telecasted in LED screen –it is all about the journey of ARUWYE for past 25 years. The achievement award was given to Mr. Kooteeswaran –children development and women from Self Help group Mrs. Kasthuri. The group picture was taken by ARUWYE staffs and Sisters with the chief guest.

Panel Discussion was held on the topic of Way forwarding of ARUWYE - future expansion was given by Dr. Gladson Xavier from Loyola College, Mr. Andrew Sesuraj from State Commission Child Protection Officer, Prof. Jeevanthi from Anna Adarsh gave a spectaculous talk and Mr. Kooteeshwaran and Mrs. Kaizer Begam from women self help group shared their experiences. Dr. Kaleswaran team Performed on topic “Save Mother Earth”- traditional folk art. The book “Eyarkaiyai Thediya Payanam” (Nature) was released by Rev. Sr. Nirmala Lazer –Mother Provincial, Mr.Praveen Bhaskar was appreciated for book written by himself and honored him with a ponadai and gift.

## **HONOURING**

- Honouring provincial Councillors by Sr provincial.
- Honouring Pioneers of Aruwye.
- Honoring all the animators of the province by Sr provincial.
- Honoring Dr Kaleswaran-folk performances by Sr.Provincial.
- Honoring professors by Sr provincial.
- Honoring Aruwye staffs and volunteers by Sr.Provincial
- Honoring Mc –Mrs.Vidhya and Mrs.Joesphine by Srt.Provincial.
- Honoring Audio person & Camera& Vedio shooters from DBICA by Sr.Provincial

Rev. Sr. Nirmala Lazer –Mother provincial and Rev. Sr. Celine Gasper, Sr. Lucy –Economer of Chennai Province awarded the ARUWYE Social Development Coordinator Sr. Shermila with a big gift of computer system and also staffs were appreciated and awarded with cash prize, gifts.

# Misean Cara Visit



The physical monitoring visit of Mr. Emmon Casey– Misean Cara held between 16 – 09 – 2022 to 19 – 09 – 2022. The visit was to understand the process of the project, exit strategy and future plan for the continuation of the project. The project staffs explained about the project progress. The Child Protection Officer explained about the knowledge impacted on Child Protection Policy towards target population. He interacted with the Self Help Group members at Saidapet & Kodambakkam, Chennai.



## Centenary Building Opening Ceremony



On the September 14 keeping up the Centenary day year, 2022 it was a moment of joy in inaugurating the new Centenary memorial block by Rev. Sr. Chaiaria Caszuola Superior General. Rev. Sr. Nirmala Lazar Provincial of Chennai, inaugurated by cutting the ribbon and Rev. Arch Bishop. George Antony Samy blessed the building. Sr. Shermila (Social Development Coordinator) along with Sr. Dora - Councilor organized the event. Finally Mr. Dhanraj- Building engineer was appreciated by Sr.Nirmala and also Sr. Lucy was appreciated for her great work.



## HDRC Project Completion Visit

Sr. Noelle and Mrs. Elishabetta Murigia visited ARUWYE on behalf of Misesan Cara for HDRC project. Sr. Lucy expressed her experiences on building construction. The program coordinator, project coordinator, placement coordinator, and women coordinators shared their experiences and difficulties they had encountered over the years of the process. The Child Protection Officer shared their initiation and interventions at the province level. The three year accounts was discussed and submitted. They have visited Centenary building, Sr.Shermila and team showed the vocational training centre such as Tailoring Class, Beautician Class, Aari Work Class and Computer Class. They were happy about the building structure and the impact that going to take place.



Statistical Data of Children Developmental Activities	
Environment Stewardship	2500
Awareness Generation on Health and Hygiene	125
COVID Survey among Girl Child	60
Awareness on Media Education	50
Training on Child Protection Policy	173
Neighbourhood Children Parliament	273

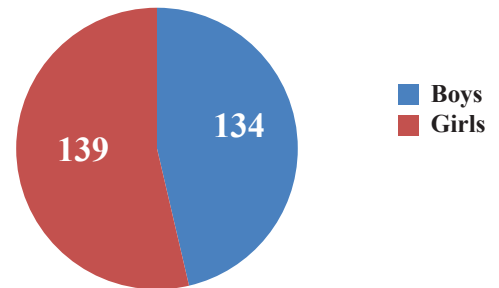
## Children Developmental Activities

### 1.1 Neighbourhood Children Parliament

The Neighbourhood Children Parliament ensures that all children are included and brought together as they are territorially organized. As such the formation of NCP body for neighbouring children ensures inclusive coverage of all the children whose rights need to be protected. No child will go unnoticed in such a small-



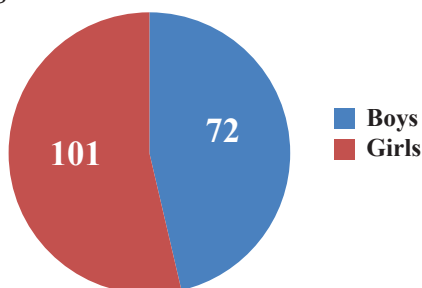
#### Neighbourhood Children Parliament



Every child gets attention, care, support and scope for participation. The children themselves can have their own monitoring and tracking system, their own safety-nets to guard themselves.

### Training on Child Protection Policy

#### Training on Children Protection Policy

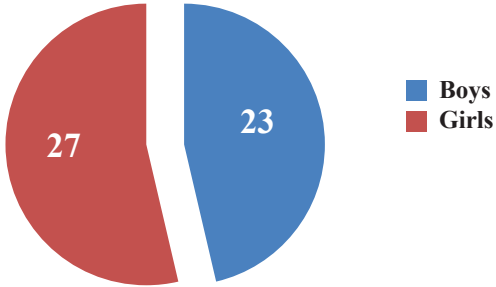


Every year children, staffs, parents, lay collaborator and internship students are given training on child protection policy to make them aware that the children around them are safe and secured. ARUWYE establishes Child Protection Committee, bringing together duty bearers collectively work towards solutions to uphold child rights, preventing cases of child marriage, child trafficking, child abuse and child labour. It navigates map out-of-school children and those who are involved in child labour to schools through enrolment drives. It also coordinates with district and state level authorities to ensure right implementation of laws so that children in the area are kept safe.



# Awareness on Media Education

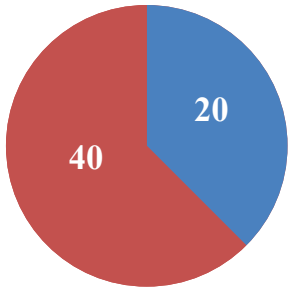
Media Education



The facilitators were entitled to talk about “Social Media”, “Gaming Addiction” and “Pornography”. Nearly 150 children were participated. The facilitators found that children are not even exceeding the age of 18, but having account in facebook, Whatsapp, Instagram also accepting friend request from unknown persons. Then short film was shown to make them aware about the dangers of accepting unknown persons and then about losing their own identity, correct age of holding accounts in social media, safest way of using media and so on. At the end they were shown some useful application in PowerPoint presentation which is necessary for students, helpful in learning and to develop their skills and ended up with some promises that was confessed by the children, that they would use the media in a safest way and never get them into any trouble by using it.

# COVID Survey among Girl Child

## Covid Survey



■ Arani  
■ Vellore

Girl children from the fifth to the twelfth grades were chosen to participate in a baseline COVID survey to determine how the children are affected during the pandemic. This is a qualitative phase 2 study. The researcher's head stressed a few points about their living condition. The researchers also followed the action plan, which stated that there should be two researchers, one facilitator and one note taker. One must conduct the interview, while the other must record and take notes. They gave instructions on how to hold concentrated group talks in increments of four to eight. The two age groups are those between the ages of 10 and 14 and those between the ages of 15 and 20. Convenient sampling and snowball sampling are the two options. There are a maximum of 10 participants per group, and 4 Focused Group Discussion were held to conduct interviews. Individual interviews can last from five to ten minutes,



# Supplementary Evening Study Center – Monitoring Visit

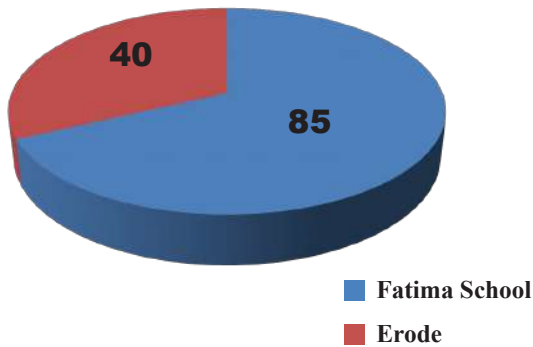
The growth of the children increased compared to previous years. The supplementary evening study centre children organize the programme by themselves. The children’s attendances were increased. The children were developed their leadership skill through children parliament. We could not visit some the SESC’s previous year, but this year we have visited most of centers and came to know about their status and how we need to go about in the upcoming years.



# Awareness Generation on Health and Hygiene



## Health and Hygiene



Adolescence is a significant period for physical growth and sexual maturation. Nutrition being an important determinant of physical growth of adolescents is an important area that needs attention. Inadequate nutritional intake during adolescence can have serious consequences throughout the reproductive years and beyond. Poor nutrition during adolescence can impair the work capacity and productivity of adolescent girls in their later years. Children were also educated on

- Cleaning your body every day
- Washing your hands with soap after going to the toilet
- Brushing your teeth twice a day
- Covering your mouth and nose with a tissue when sneezing or coughing

## Environment Stewardship

A planting sapping event was held at Thiruvannamalai, Vellore, Kallakuruchi, Tiruvallur and Chennai 500+ children (STDs 6 through 8) took part. Mr. Praveen Bhaskar, the programme coordinator for ARUWYE, and the organization's youth volunteers Mr. Methun, Mr. Rajendran, and Mr. Lipsan led the program. 2500 trees were planted at the field by children.

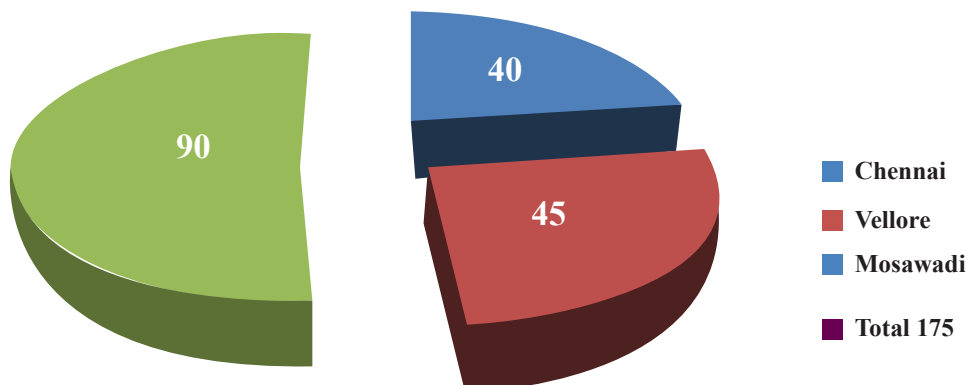


## Sapling Planted

Name of the Saplings	COUNT
Mango	200
Jack fruit	300
Sandalwood	300
Thekku	400
Guava	300
Gooseberry (2 varieties )	400
Gliricidia Sepium	300
Samanea Saman	300
<b>TOTAL</b>	<b>2500</b>



## Environmental Programme



Statistical Data of Women Developmental Activities	
Celebrations	945
Self Help Group Monitoring Visit	60
GBV - Training and Rally	300
Computer Class	20
Aari Work	17
Beautician	30
Tailoring	25
Fabric Designing	30
Vocational Training	650

## Women Developmental Activities

### Vocational Training

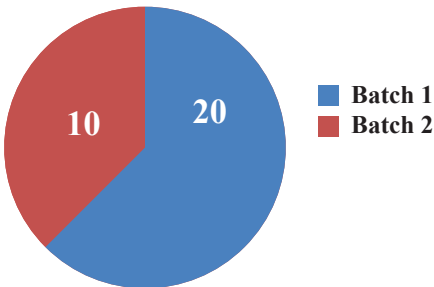
ARUWYE conducts short-term (2 - 6 months), often weekly courses of 5 to 7 days in duration, focusing on young girls and women from rural areas and urban slums. The model is based on strong industry linkages and counselling and focuses on hands-on skills training. Courses taught include Fabric Designing, Tailoring, Beautician, Aari Work and Computer Classes. In addition to industry specific skills, beneficiaries also learn basic English and life skills. More than 500 young girls and women benefit from the programme



## Fabric Designing



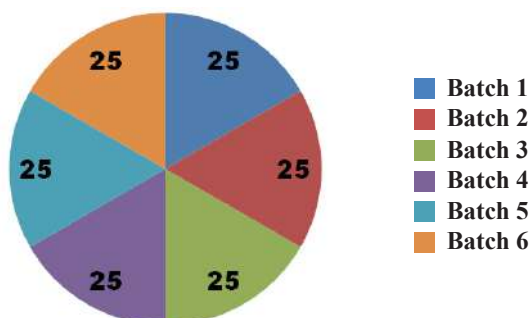
Training on fabric designing was organized at different places in Chennai. The trainer went to their areas identified one location brought the beneficiaries there and taught them. More than 100 members participated in the training programme. They were taught on maintenance of brush, basic drawing, colour mash up, usage of liner, usage of brush, usage of colours, creating broader and Outline. The beneficiaries are started their own business and running successfully.



## Tailoring



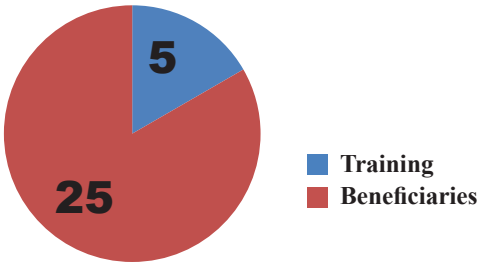
Garments are business emerging field. Most of the young girls and women in rural villages, urban and semi-urban slums train themselves to learn tailoring and make a business out of it. This year we had four set of short term course and more than 150 young girls and women benefited from the training.



## Beautician



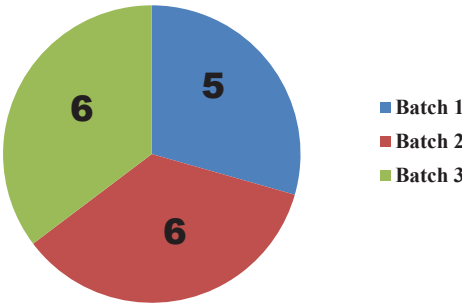
The beauty and grooming industry is evolving progressively and has witnessed global trends such as digital makeup as well as has shifted to organic and natural products. Beauticians are artists in their own right. ARUWYE created opportunities for young girls and women to learn and flourish in the progressing industry. More than 50 women get trained and doing their own business and earning Rs. 2000 per day.



## Aari Work



Embroidery refers to the thread craft that enhances the look of a fabric or product. This thread craft is generally done on natural fabrics with tight weaves. It may also include decorating materials other than threads, like pearls, beads, stones and sequins. India is known for its beautiful embroidery techniques. Fundamental stitches of embroidery are running stitch, cross stitch and satin stitch. More than 50 young girls and Women learned and earning more than Rs. 2500 per day.



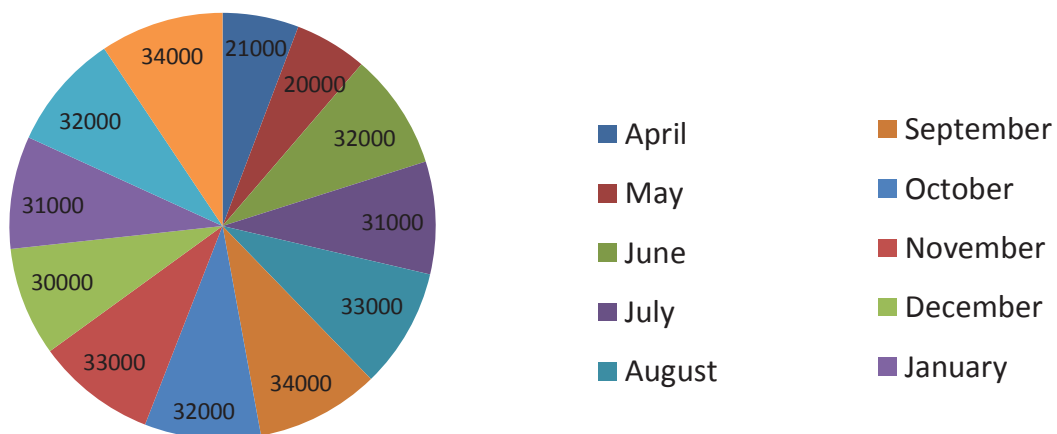
## Computer Classes

Computer Literacy Program serves to teach women the computer skills necessary to secure employment and advance in the workplace as well as to effectively utilize computers to support their professional and personal goals. More than 75 women benefited from the computer courses and working in super markets, retailer shops and profession stores and earning Rs. 10,000 per month.



## Income Generation Activities

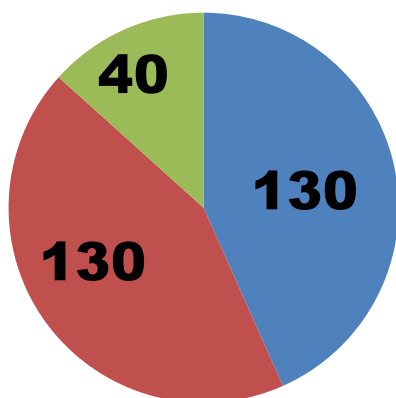
The members of the Self Help Group members and Nirmala Technical Centre Staffs involved in the income generation activity at different institutions, churches and public places to sell their products like jute bags, ornament, food item, candles and incense in Chennai. They could sell more than Rs. 45,000/-. Through which they get more orders from different people from different districts.





## Gender Based Violence ( Training & Rally )

Gender based violence is a phenomenon deeply rooted in gender inequality, it is a violence directed against a person because of their gender. Both men and women experience gender based violence. It is based on imbalance of power and is carried out with the intention to humiliate and make a person or group of people feel inferior. It is often perpetuated by a culture of denial and silence. It can happen in both the public and private sphere and it affects both men and women. Gender based violence can be physical, sexual, verbal or socio economical. It is based on feeling of superiority and intention to assert that superiority in the family, school, workplace, community or society. ARUWYE organized a training programme and rally to generate awareness among women on gender based violence. More than 75 members participated in the training as well as rally and benefited.

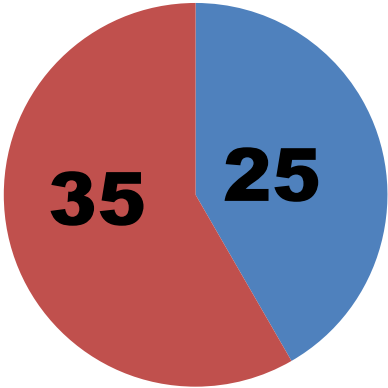


- Training
- Rally
- Street play



# Self Help Group - Monitoring Visit

Monitoring is routine tracking and reporting of priority information about a project or programme inputs, activities, output, outcomes and impacts. The Social Development Coordinator and women coordinator three month once visited all the self help groups and provided the ideas to improve their group. They have monitored their notes and register. They have maintained the subscription and they are paying the loan on time apart from few groups. Most of the self help group members are running their own business.

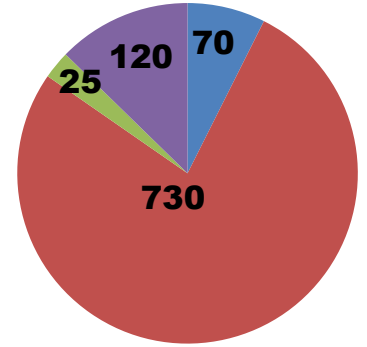


- Saidapet
- Kodambakkam

## Celebrations

Celebration can be a fun and interactive part of our everyday lives. Understanding celebrations will help an individual to connect and relate with different people, places, traditions, events and cultures.

- Independence Day
- Christmas Celebration
- Pongal
- Women's Day celebration



## Independence Day



The Independence Day of India, which is celebrated religiously throughout the Country on the 15th of August every year, holds tremendous ground in the list of national days, since it reminds every Indian about the dawn of a new beginning, the beginning of an era of deliverance from the clutches of British colonialism of more than 200 years. India's gaining of independence was a tryst with destiny, as the struggle for freedom was a long and tiresome one, witnessing the sacrifices of many freedom fighters, who laid down their lives on the line. Therefore, the self help group members remembering them flag hoisted in different places in Chennai. The head of the group gave the message of the day.



## Christmas Celebration



Self Help Group members of ARUWYE came together to celebrate Christmas at Kodambakkam, Chennai. 101 women actively participated along with the internship students from Loyola College and Stella Maris College. They hosted this celebration in involving the women self help group members to perform different activities such as dance, songs and taboos. The internship students from Loyola and Stella Maris took the lead performing a skit that gave a centre Christmas message "Giving and sharing out of nothing". A colorful dance was performed by self help group members. And Carols was sung by students and Self Help Group members. The most attractive



moment in the Christmas celebration was live crib by the Self Help Group members.



## Pongal Festival



Pongal celebration programme was celebrated in Namashivayapuram, Choolaimedu, Chennai. The games were conducted to encourage them. Celebration begun with Rangoli competition with the theme of “PONGAL”. Few party games were conducted to build confidence, to step forward towards positivism and to come out of bashful state. The game includes filling water bottle from the bucket using hand, chair music game. The women groups became more active and enthusiastic. The whole area observed the activities and they are also enjoyed by watching. Pongal was made and distributed to all people around the area, they were all enjoying by sharing love towards other group members. The gifts were also distributed to the group as the appreciation of the participation. And winners of the games are awarded. More than 250 members participate in the festival.

## Republic Day

The International Women’s Day programme was celebrated on the theme “Innovation and technology for gender equality” that denotes Innovation and technological changes and education in the digital age for achieving gender equality and the empowerment of all women and girls. The chief guest of the celebration was Mrs. Shanthini Kalpurniya - Clinical Social worker is who hails from Chennai and other special guests were Rev. Sr. Celine Gasper, Sr. Lucy, Sr. Amala, Sr. Tamilrasi and Sr. Shermila. The Self help groups members of ARUWYE came together for enjoying various cultural programs and to know about the importance of Women’s day.



## Women's Day

The International Women’s Day programme was celebrated on the theme “Innovation and technology for gender equality” that denotes Innovation and technological changes and education in the digital age for achieving gender equality and the empowerment of all women and girls. The chief guest of the celebration was Mrs. Shanthini Kalpurniya - Clinical Social worker is who hails from Chennai and other special guests were Rev. Sr. Celine Gasper, Sr. Lucy, Sr. Amala, Sr. Tamilrasi and Sr. Shermila. The Self help groups members of ARUWYE came together for enjoying various cultural programs and to know about the importance of Women’s day.

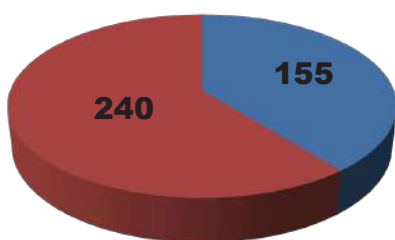


Statistical Data of Youth Developmental Activities	
Internship Students	11
Job Placement	200
Career Guidance and Life Skill	395

## Youth Developmental Activities

### Training on Career Guidance

Society is making it difficult for the young people to find sustainable career opportunities. Providing them support during their studies can be a key to a successful career path. Such a support may involve the choice of a specialization and transition to the workplace. Life skills are very essential as they allow the young people to apply their newly acquired knowledge to meet the real world problems and situations. Thereby enabling them to create a frame work of their desired career and build up on it.



- Life Skill and Career Guidance Trained Boys
- Life Skill and Career Guidance Trained Girls

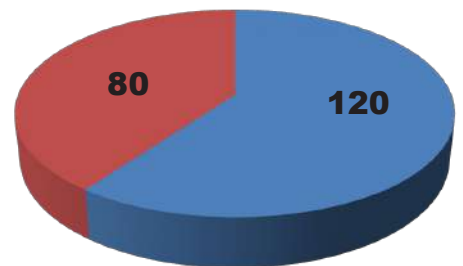


# Job Placement



40

Skill development should be based on one's own skills rather than to meet industrial needs. Only then the employment opportunities thus generated will be sustainable. A girl is always burdened by the honour of her family which holds down her individual freedom and financial independence. Therefore, ARUWYE is involved in various skill development and employment training programmes to help the local youth find relevant job opportunities with decent pay scale.

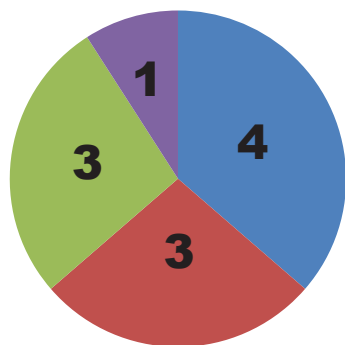


■ Boys

■ Girls

## Internship Students

Loyola College students were given an intense field work internship at ARUWYE. The students in turn supported the organization on their various project activities. They have contributed for the successful conduction of programmes such as Republic Day, Women’s Day and Street Play. Their participation and dedication in enrolling the people in the Tamil Nadu Unorganized Welfare online portal was enormous.



- Loyola College
- Stella Maris College
- Anna Adarsh College
- Nazareth College

## Painting ICDS centers in Rural Areas

ARUWYE in the model village identified few ICDS center to paint as kindergarten classroom. With support of staffs as well as youth volunteers they have painted two centers this year. There was a much support from the local leaders and government officials.



## Supporting Cancer Patients

He defined cancer as a disease in which some body cells grow out of control and spread to other body regions. Of the millions of cells that make up the human body, cancer can start almost anywhere. Human cells typically divide and multiply to produce new cells when the body requires them. As cells get older or are damaged, they die and are replaced by young cells. Typically, medical professionals base treatment recommendations on the type of cancer, its stage upon diagnosis, and the person's overall health.



- Chemotherapy kills cancerous cells by using medications that target rapidly dividing cells. Tumors can be reduced by the treatments as well, but there is a chance of serious side effects.
- High-dose radiation is used in radiation therapy to get rid of cancerous cells. Moreover, a physician could suggest radiation treatment to shrink a tumour before surgery or to lessen tumor-related symptoms.
- Leukemia and lymphoma sufferers and those with blood-related cancers may benefit most from stem cell transplants. It entails eliminating cells that chemotherapy or radiation have killed, such as red or white blood cells. The cells are then strengthened and reinserted into the body by lab personnel.

Those children are provided medical care, financial support and counseling by ARUWYE.

